

FILMS are shown at The New Connection both for entertainment and for purposes of instruction. Here, counselor Stephanie Evans operates the projector.

(John Perkins photo)



NURSE Cathy Hutton (left) is one of two regular nurses on duty at The New Connection at 1001 Elm, where heroin addicts are helped to kick the habit.

(John Perkins photo)

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The New Connection Helps Heroin Addicts to a New Life

BY ROBERT MISKIMON

The heroin addict harbors the belief that his is the highest of all highs; when he's down and out of smack, he can be more down than anyone else. Where does he go?

The jails have for centuries been the only transitional place between the euphoria of alcohol or drugs and the real world. But cold turkey is no treat, as everybody knows.

The New Connection at 1001 Elm in Seaside is just that: a

new connection with the real world for heroin users as well as other drug and alcohol abusers. It's the only residential heroin detoxification facility in Monterey County and it's been operating at its present location since last March.

The New Connection, under the direction of Miguel Medina, moved to Seaside under an expansion of drug treatment programs which had been underway at Mon-

terey's Aquarian House for about 18 months prior to the relocation.

It's funded through and controlled by the Monterey Peninsula Youth Project, which in turn receives monies from the National Institute of Drug Abuse and the Monterey Peninsula Joint Powers Agency (composed of all the cities on the Peninsula). The head of the board of the Joint Powers Agency is John Dunn,

assistant city manager for Monterey.

The Monterey Peninsula Youth Project, which is under the executive direction of John M. Gallagher, operates with an annual budget of some \$400,000, from which the operating expenses of \$160,000 for The New Connection derive.

"We are the third largest heroin detoxification center in the state, and there are 53 of them throughout California,"

Medina explained.

Medina estimates that there are about 2,500 to 3,000 active heroin users on the Monterey Peninsula alone. Although the great majority of heroin users who come to The New Connection are in their early 20s and have an average educational level not past the ninth grade, heroin is a problem which has penetrated all levels of American society, Medina said.

"About half of the people

who come here, come of their own free will," he said. "The other half come in on probation, on parole, or from other agencies. We get about half men and half women, and the average age of the user is 22. About 30 per cent of the people who come here are from various minority groups."

But Medina said others come from Pebble Beach, from Carmel, and from

Continued on page 2

SEASIDE POST NEWS-SENTINEL

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Vol. 28 No. 55, Wed., Jan. 15, 1975

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Planners Approve Alcoholism Recovery Unit

The Seaside Planning Commission has approved an application for a use permit for the Seaside Alcoholism Recovery Association, Inc. at 1105 Olympia.

The program would accommodate as many as two overnight clients plus a live-in counselor, City Planner William Burris told the commission at its regular meeting last Wednesday.

The use permit was requested since the program will be located in the R-4 residential district, and the chief concern voiced by planners was that of Commissioner Berdine Houser, who wondered whether adequate controls existed to insure that the number of persons living at the residence was not exceeded.

Burris said the program will receive funds from the Monterey County Office of Special Services (formerly the Office of Economic Opportunity) and it is a relatively new and untried program.

Planners approved the use permit subject to the following conditions:

--That the use of the residential premises shall not alter the appearance from that of a single-family, residential structure.

--That any exterior modifications to the building, including painting or identification, must be submitted to and approved by, the Board of Architectural Review.

--That all requirements of the building and fire departments pertaining to building occupancy must be met. All requirements established by the county health department must also be met.

--That the use permit is issued in the name of the applicant and is non-transferable and subject to annual review.

--That the entire premises must be maintained in a "neat, orderly manner so as to continue to resemble a single-family use."

The planning commission also approved an application

for a use permit from Roger and Mable Holborn to allow the use of a legal non-conforming lot at 1149 Sonoma for a home for the elderly. Burris told the planners that the proposed facility would be

located in an existing duplex structure with a two-bedroom unit in the front portion.

The building is located in the R-2 residential zone and zoning law states that room and board is permitted in that

zone for two adults, but the ordinance doesn't make it clear whether that means two adults per unit or per site, Burris explained.

Roger Hilborn, owner of the property, told the planners he

thought granting of the use permit would stabilize both property values and the residential neighborhood.

Although the structure meets standards of the Monterey County Welfare

Department, Burris said, there is some question whether those standards for senior housing are adequate to the wishes of the City of Seaside. He said requests of

Continued on page 3

Community Development Program Outlined

The Seaside Planning Commission has been presented with the first draft of a community development program which identifies the needs of the community for purposes of obtaining federal funds from the Department of Housing and Urban Development.

City Planner William Burris told the planning commission last Wednesday that the federal government has

enabled local governments to act as their own screening agencies on environmental impact reports for non-hardware projects (projects involving no major construction or modification of the environment).

But there still remains a labyrinth of technicalities involving environmental impact reports on all facets of community development

programs which promises to slow facilitation of all local plans, Burris said.

There are four principal elements of the program, around which needs are clustered. These are community development needs, public works facilities and improvements, social services, and housing.

Among the top priority needs in the community development program are completion of sales of the

remaining agency-owned property in Del Monte Heights Project; completion of obtaining total owner participation agreements in Del Monte Heights; and completion of remaining rehabilitation of structures in Del Monte Heights.

Top priority items in public works facilities and improvements include the development of the Central Regional Waste Water Management System; waste

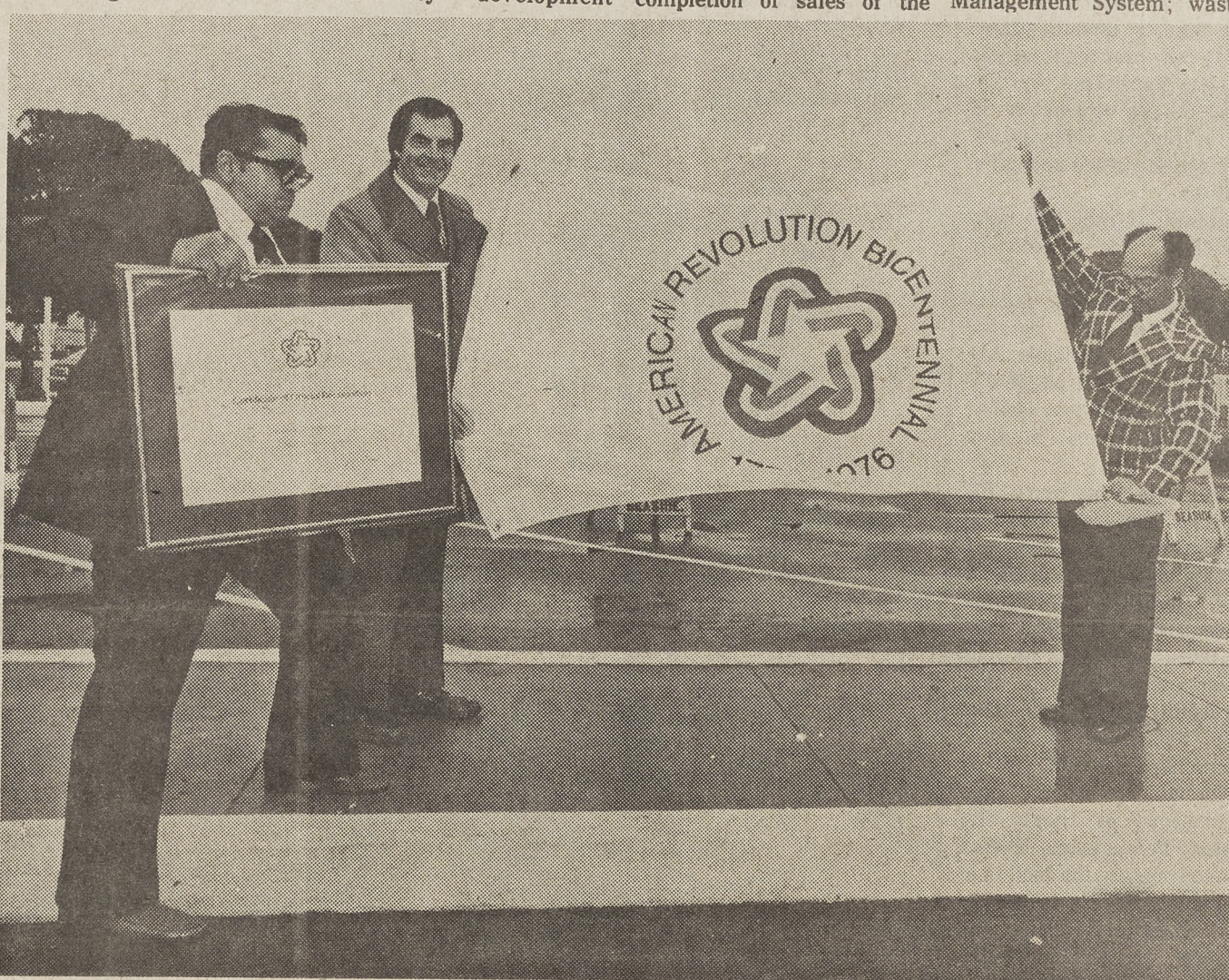
water facilities; the installation of telemetry equipment for water production at Del Monte Heights; and the development of additional water resources and the improvement of water quality. Also included is the reconstruction, construction and development of adequate storm drain facilities.

Among the high-priority items under the category of social services are development of leisure time services to meet the needs of low and moderate-income persons; employment development services related to unemployment problems; provision of adequate child care services principally for children of low and moderate-income families; development of individual and family counseling services; development of health and medical services; meeting the needs of the elderly and handicapped; and provision of adequate transportation services.

Housing needs identified in the program are generally labeled by the broad category of providing "decent, safe and sanitary housing living units for persons residing or expected to reside within the city of Seaside."

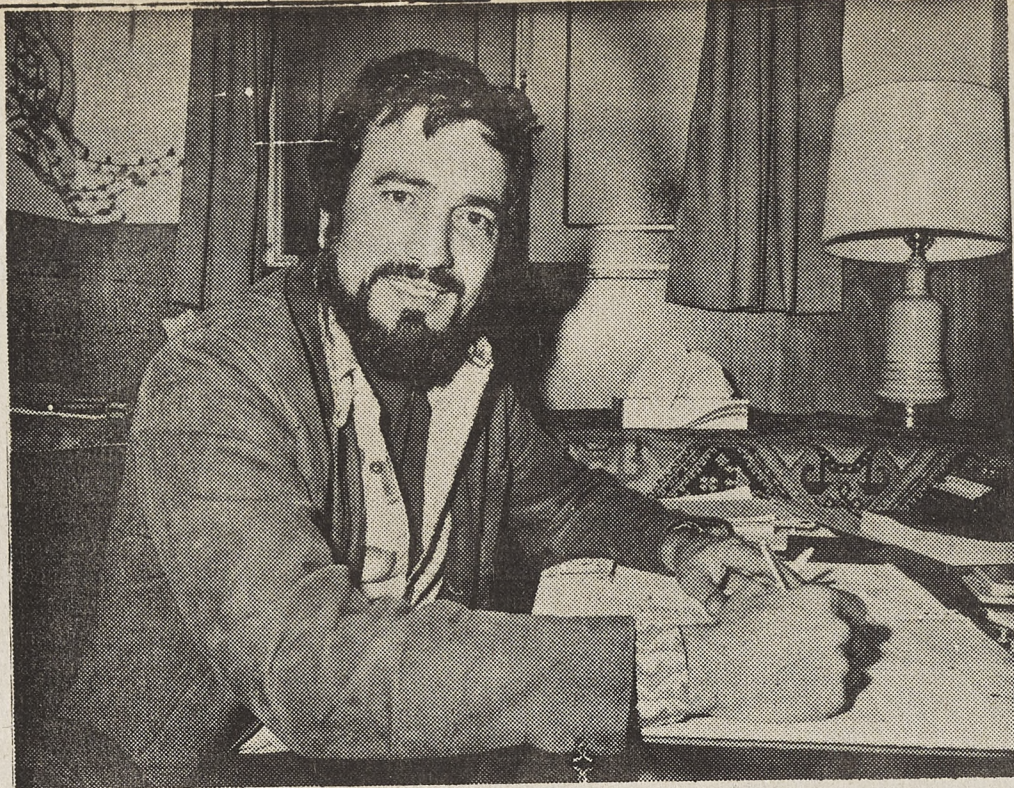
This includes, the proposal states, the provision of new housing for persons of all income levels, provision for the conservation and expansion of the existing housing stock, and the provision of incentives for public and private investment in the housing market.

The planning commission will examine the program, and establish a time schedule for implementation of its various facets.

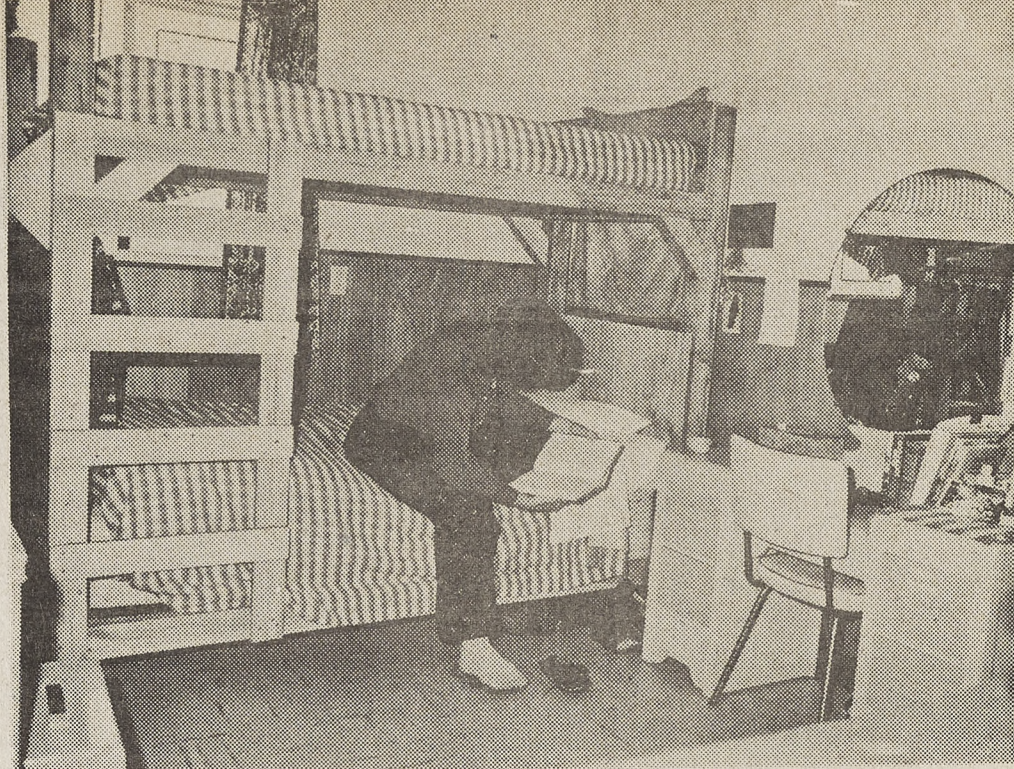


present was Mayor B.J. Dolan (left) and councilman Oscar Lawson. Several interested residents showed up for the ceremonies.

SEASIDE BECAME a Bicentennial city last week with the presentation of a flag to the city by Congressman Burt L. Talcott (second from left) at ceremonies at city hall. Also



DIRECTOR Miguel Medina stresses the importance of rearranging the addict's lifestyle before the heroin habit can be eliminated. (John Perkins photo)



CLIENTS at The New Connection are required to keep their rooms and the kitchen and lounge area clean, and compliance is excellent, as this photo shows. (John Perkins photo)

Hope for Heroin Addicts is Offered

Continued from page 1

Pacific Grove as well as from outlying areas of the county. They also come from middle-class homes and backgrounds as well as from the poverty-stricken neighborhoods.

The New Connection operates both an out-patient detoxification program and a residential program. In all, the center handles about 100 active users of heroin and other drugs each month, and fully 55 per cent of those who come to The New Connection successfully complete the two-week detoxification program.

At the same time, there is a return rate of about 30 per cent, which Medina sees not as a sign of defeat but as an indication that the program is having a definite impact. Sometimes heroin addicts, after shaking their habit for a two-week period, are encouraged to free themselves forever of the drug on a return visit.

The only drugs administered at the center are sleeping medication for those who need it for three nights, and a new drug known as Darvon-N, an analgesic which reduces the side effects of heroin withdrawal without substituting another habit, Medina explained. The New Connection has a staff consisting of two nurses, eight counselors, one physician, and the director and a full-time cook.

Medina came to his position as director of The New Connection following a career of 20 years as a male nurse in the Army. In that capacity, he saw the devastating influence of heroin addiction among American soldiers during the height of the Vietnam war. Now, however, he believes many veterans of that conflict have gone to other drugs, such as alcohol, or have quit drugs completely. He estimates that only 10 percent of the addicts among servicemen are still using heroin and other drugs.

While heroin use is the prime consideration for admission to The New Connection, poly-drug use is also a factor. There are about 50 new admissions to out-patient treatment each month. Clients may come in for an initial interview between 9 a.m. and 5 p.m. Monday through Friday, during which the client is oriented to the out-patient detoxification procedures, including coming in daily for medication and counseling sessions thrice weekly.

Out-patient clients are given physical examinations by the physician before treatment commences and medication is generally prescribed for a 12-day period. At the end of this time, the client, his counselor and the physician decide whether any extension of treatment is required.

In addition, clients can avail themselves of group sessions on a weekly basis. After detoxification is complete, the client is encouraged to continue regular counseling sessions for at least four months.

Medina noted that one of the biggest problems facing the addict who quits heroin is making the necessary readjustments in his social contacts. For as long as the addict has been using heroin, his whole life has revolved around contacts and other addicts. To successfully shake heroin, the addict must move

into a completely different social function.

The New Connection is equipped to house six clients in its residential program. These clients include those who are unable to complete the out-patient detoxification program as well as those referred by the courts in addition to those who come on their own.

During their one to two-week stay at The New Connection, clients are not allowed to have personal contact with anyone outside, or to make telephone calls or to receive mail from anyone other than program staff and fellow residents.

Residential clients are required to clean their own rooms and the recreational lounge. A visit to The New Connection reveals the cleanly ordered program housed there. Rooms, in fact, are kept tidy and there is a relaxed, genial feeling that pervades.

A movie projector is used for the recreational screening of films for clients as well as for educational and instructional purposes. Group sessions are held often throughout the week by the staff counselor in charge of residential activities.

A leaflet on The New Connection explains:

"The New Connection has an open door policy. A resident can leave the program at any time, but he may not return to the program for at least two months unless he has successfully completed one week of residential detoxification.

"The intake procedures, medical examination, urine and medication schedules are the same as for out-patients. At the end of his residential stay, the client is encouraged to maintain a counseling program on an out-patient basis."

Other residents come to The New Connection for screening and detoxification for admission to the Adult Residence, a drug-free therapeutic community for those clients needing a controlled environment for not more than six months. These clients can enter the program through placements by the courts, as an alternative to jail, or through referrals by the probation office and other agencies.

Recently, a need has been recognized for a similar heroin detoxification center in Salinas to serve the Salinas Valley. For that reason, county health officials are pursuing the good possibility that such a center may soon be established there, Medina said.

Fully 20 to 30 per cent of the clients at The New Connection are from the Salinas area, and Medina believes the need for such facilities is being inadequately met. The need for these facilities is obvious when one considers that hardly any addicts ever shake their habit without outside intervention, he said.

Among the social configurations of those who become heroin users, Medina pointed out, are the factors of unemployment, a generally low educational level, and minority group membership.

There are exceptions, of course, and many college educated, middle-class persons have been found to be heroin users; but many of

these seek private medical attention instead of a facility such as The New Connection.

The women heroin users generally resort to prostitution to support their habit, which can cost \$60 to \$100 per day. The men become ripoff artists and hustlers, Medina said. Strangely, though, despite the emotional and mental effects of heroin, many addicts are extremely healthy, from a physical standpoint, Medina noted. Their most prevalent ailments are anemia and hepatitis, resulting from use of dirty needles.

"The level of heroin use doesn't appear to have changed in the last year," Medina said. "It has stabilized, but it doesn't seem to be decreasing."

Miskimon Named Editor Of Seaside Post

Robert M. Miskimon, Jr. was named editor of the Seaside Post this week.

He comes to the Post with a broad background in newspapers. Miskimon was previously the editor of the Carmel Pine Cone, and has also been political reporter for The Salinas Californian. His background also includes the editorship of two weekly newspapers on the San Francisco Peninsula, as well as reporting for The Associated Press and The Daily News of the Virgin Islands.

Miskimon is a native of Richmond, Virginia and has

lived on the Monterey Peninsula for three years. He is married to Christine and has two daughters.

"Community newspapers are the lifeblood and the forum for the people," Miskimon commented. "This means they must remain open to the people at all times. And this is what The Seaside Post will continue to do.

"We welcome your suggestions, criticism, contributions, and, most of all, your readership and support. All facets of the community should regard the Post as their hometown paper and look to it

for information of community interest."

The Seaside Post will pursue a policy of thorough, fair, and objective reporting of the news, with the interests of the total community of Seaside always foremost in mind, Miskimon said.

REVENUE SHARING FUNDS

The City of Seaside will receive \$77,089 as its share of Federal Revenue Sharing Funds for the Oct. 1-Dec. 31, 1974 entitlement period.

The funds are part of a total of \$2,879,252 allocated to cities and counties in the 16th Congressional District.



'HAVE WE NOT ALL ONE FATHER? HATH NOT ONE GOD CREATED US?' Malachi 2:10

A lot of people acknowledge God as Father. But do they really understand the man He made?

As you get a deeper understanding of the Bible, the spiritual nature of man and of all creation appears. Then Christian unity and the brotherhood of man appear in your life, too.

Selections from the Bible and *Science and Health with Key to the Scriptures* by Mary Baker Eddy, to be read in our church service this Sunday, will help you understand the Bible's message of brotherly love in a new light.

We'd love to welcome you.

CHRISTIAN SCIENCE CHURCH SERVICES

CARMEL - 11 A.M.
MONTE VERDE NEAR 6th
MONTEREY - 10:30 A.M.
MADISON AND HERRMANN
PACIFIC GROVE - 11 A.M.
CENTRAL & FOUNTAIN
INFANT CARE PROVIDED

7 WAYS TO KEEP WARMER, CHEAPER.

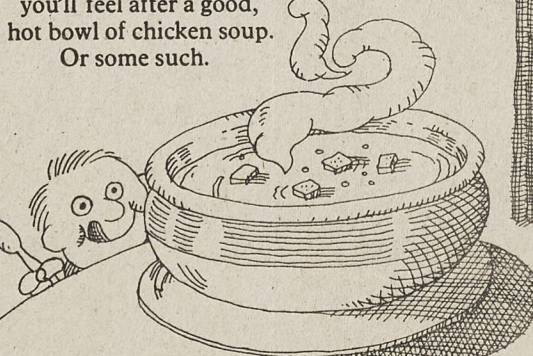
Because our costs for fuel have gone up, your fuel costs are higher this winter than last, too. But even with increased rates, you can still hold down your heating costs by decreasing your energy usage. Here are some practical "here's how's."

1. Set your furnace thermostat to a temperature of 68° or lower. Turn it down even more when you leave home or go to bed.

3. Drag out Aunt Lucy's homemade sweater. Remember the cable knit you thought was really knit out of cables? It can actually help at lower thermostat settings.

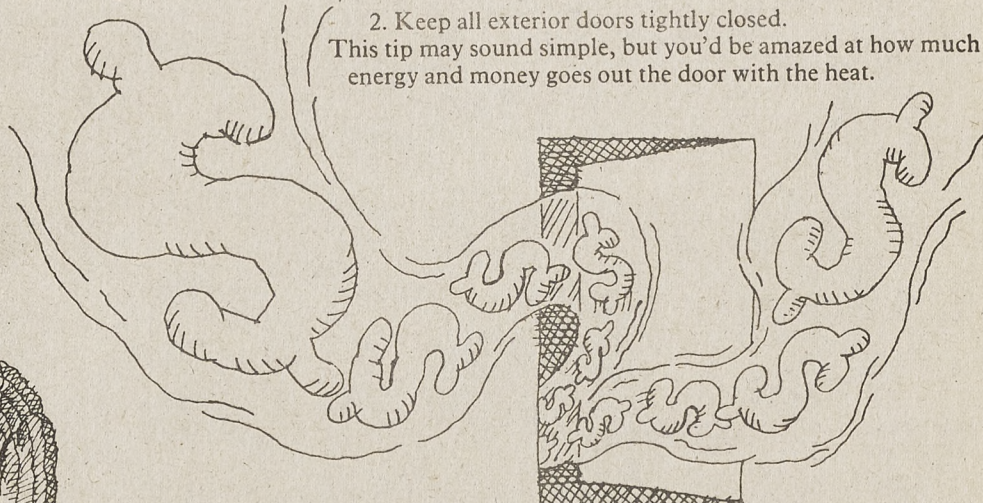


6. Indulge your taste for "hotter" foods. You'll be amazed how much warmer you'll feel after a good, hot bowl of chicken soup. Or some such.



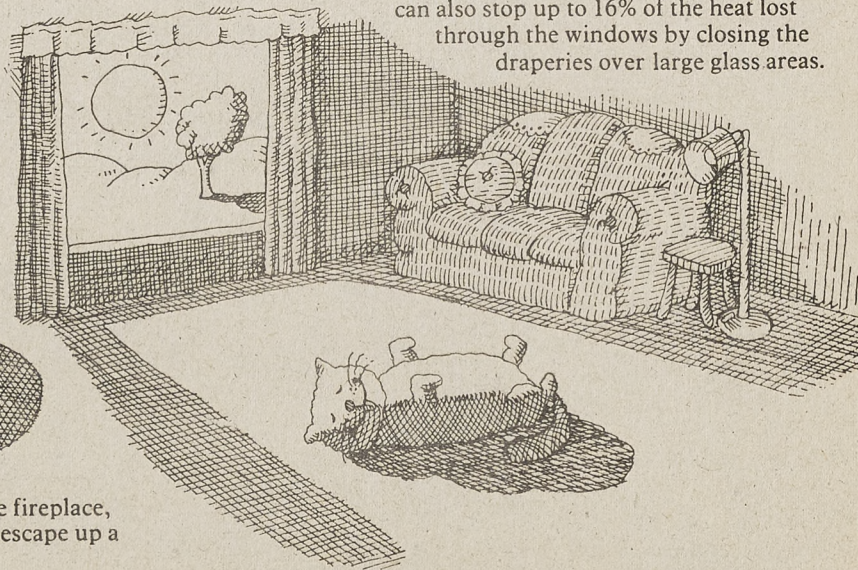
7. When you're not using the fireplace, close the damper. Why let your heat escape up a flue that can't appreciate it?

2. Keep all exterior doors tightly closed. This tip may sound simple, but you'd be amazed at how much energy and money goes out the door with the heat.



4. Clean or replace those dirty filters that make the furnace work harder than necessary to heat your home.

5. Open your draperies on sunny days. Let Mother Nature do the work for your furnace. At night and on cloudy days you can also stop up to 16% of the heat lost through the windows by closing the draperies over large glass areas.



PG and E

Lawson: A Victim of Circumstances?

The new law governing the reporting of all campaign contributions needs much clarification and many courts have been called upon to settle cases pertaining to it. Such is the situation with Seaside's City Councilman Oscar C. Lawson, who has been charged with violation of this law.

The mistake made by this councilman was not intentional violation of the law. Being a new political figure he did not understand the meaning of the law.

In a statement, dated Dec. 20, 1974, Lawson declared:

"I spent \$1,185.61 on my campaign. Most of my expenses were in newspaper advertising and printing and mailing expenses. Donations from 53 people to my campaign totaled \$996.73 with the largest single donation being \$100 from my parents. The difference came out of my own pocket. I filed all three of my campaign statements within the filing deadlines.

"As the law was new and confusing to me, I asked the deputy city clerk and the city attorney concerning the campaign statements. I did what they told me to do. I believed that I had fully complied with the law.

"If there has been a technical violation of the very complex reporting requirements, then I appreciate the opportunity to clarify the record. I have fully cooperated with the district attorney and the grand jury giving any and all information requested.

"I want to assure the public and my constituents that I fully abided by the law as I understood the law to be."

If the people who deal with complex legal matters daily could not resolve this, how then could a layman?

The courts have been called upon to settle this, and according to the concepts that have made this the finest country in the world, a man is presumed to be innocent until proven guilty beyond any reasonable shadow of a doubt.

The demand that Councilman Lawson step down pending the outcome of this matter is ill-advised, and bespeaks of a personal motive.

Should Lawson concede to this demand, he would not be worthy of the trust placed in him by those responsible voters who elected him to this position.

It appears no attempt was made, knowingly, to violate the law by Councilman Oscar C. Lawson and the amount in question is small. T.N.

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Bus Schedules Announced for County

New bus schedules for the free "energy saving" transportation program have been announced by Pat Patterson, program director for Monterey County Community Services Department.

With the continued concern being expressed for energy saving, the need to reduce the use of foreign oil and rumors of increased taxes or higher prices for gasoline, a hard look was taken as to how to encourage more people to use the buses, said Richard Bennett, executive director of the department.

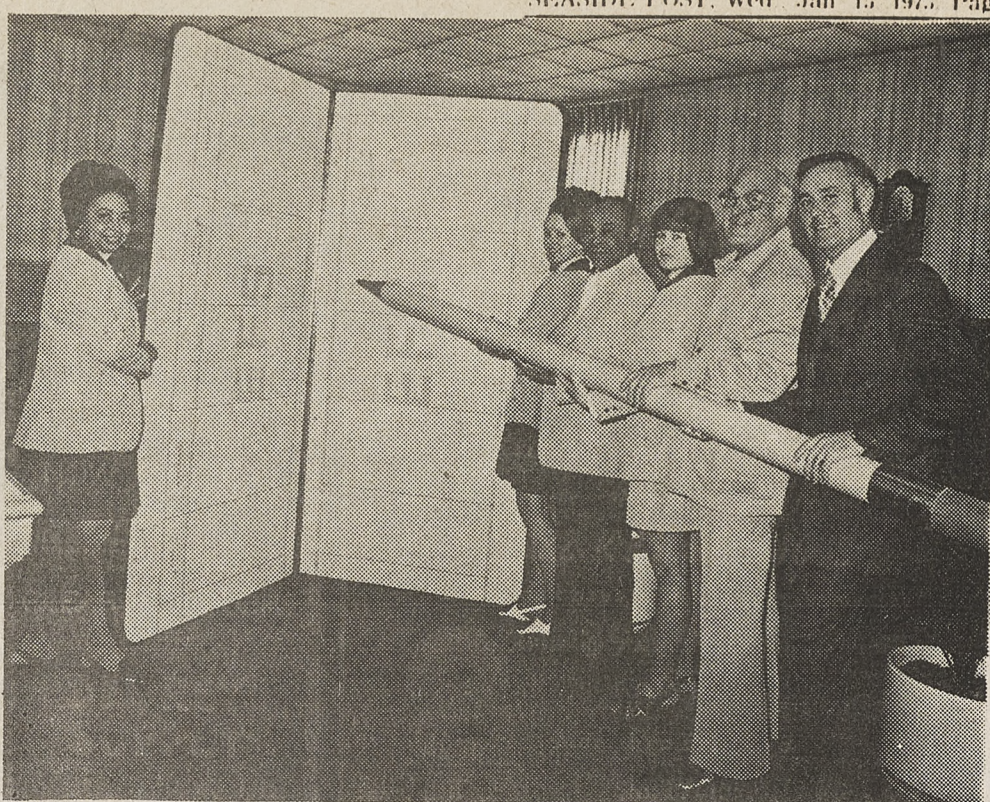
The result is the new schedule which began Monday and which provides an additional mid-morning run with a mid-afternoon return specially for those with medical appointments or other mid-day reasons to be in the major communities.

The North and South County trips are tied in with the transportation of OIC (Opportunities Industrialization Center) trainees to their Salinas classrooms and shops. Bennett explained that the service is free, on a first-come, first-served basis, but that it is geared to helping seniors and low-income people conserve their dollars and get them to essential services.

A total of 13,778 gallons of gas has been saved from April through December 1974, Patterson estimates, at the rate of one gallon per passenger. With the new schedules he hopes that will be doubled during the next nine months. Schedules have been designed to coordinate with Monterey Peninsula Transit and with other transportation services.

Buses will leave Monterey and Salinas at 7:10 a.m. stopping in Marina and arriving at their destination at 7:45. The evening run will start at 5:05 (5:15 from downtown Salinas) A special run leaving at 9:45 a.m. will stop in Marina and arrive in either Salinas or Monterey at 10:20 a.m. In the afternoon it will depart at 2:50 p.m. arriving at 3:25 p.m.

For North and South County, buses leave at 6:20 a.m. from Pajaro and 6:30 a.m. from King City for Salinas. They leave Salinas at 3:30 p.m. These buses stop along the way on call. Patterson emphasized that a call to the office in Soledad (678-3343) or Salinas (758-3381) the day before will assure the North and South County bus stopping. On the Salinas-Monterey run, calls for information may be made to 375-0434 or 758-3381.



Among the many guests at the grand opening of Eureka Federal Savings in Seaside last week were Vice Mayor Glen Olea, Seaside, (third from left); the new President of the Seaside Chamber of Commerce, Walter Norwick, (Fifth from left,) and EFS Manager Bill Sosic with EFS employees, (left to right, Zettie Lipscombe, Judy Higdon and Sandy Whitney, all making their mark in an EFS Passbook. (Photo by John Perkins.)

Ford Ord Gets a New Commander

MJ. Gen. Marion Collier attended the ceremonies. In addition, Seaside City commanding officer of the Councilman Joseph Cota was in attendance.

Several hundred local officials attended the ceremonies last Wednesday at the post parade fields. Seaside Mayor B.J. Dolan and Monterey supervisor Roger Poyner were among those who

Ross said the new year promises to be "an exciting time for Fort Ord" in which the post will be required to uphold the training standards of both Fort Ord and the Army.



INSIDE SEASIDE, A community awareness program on radio station KZEN, will feature Jess Gressett, Sunday at 7 p.m. Gressett is the district representative of the M-2 sponsors program. This program is designed to aid and befriend those convicts who receive no visitors or correspondence.

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The King James Version of the Bible, the Christian Science textbook: SCIENCE AND HEALTH with Key to the Scriptures by Mary Baker Eddy, and all authorized literature may be read, borrowed or purchased in the READING ROOM.

Planners Approve Alcoholism Recovery Unit

Continued from page 1

this type are moving the city in the direction of considering adoption of a new ordinance which would deal with special housing use permits for seniors.

"Social Services is tending to pull these people back into the home atmosphere," Burris said. "The problem is that we don't feel that just because of zoning the neighborhood necessarily warrants it."

The senior citizen residential care facility was approved, subject to the following conditions:

-A detailed interior floor plan, showing all structural modifications and proposed utilization of rooms must be submitted to the planning, building and fire departments, with final approval contingent upon their consent.

-All requirements of those agencies must be met before the building is occupied.

-The permit will allow no more than four adults to live on the premises, in addition to one resident manager.

-The site must continue to appear as a normal duplex residential structure, with no exterior signs.

-The use permit is non-transferable and is subject to the city's review.

The planning commission also approved a use permit application from Grover Bornfeld, Jr., for Cal Feather Products, to allow the wholesale and manufacture of pillows at 603 Palm Ave. The location has been used for light manufacture in the past, Burris said, and the use permit would be a continuance of the same type of operation. The business is a non-conforming use within the R-4 residential area.

Planners approved the use permit with the conditions that the applicant comply with all requirements of the building, fire, and health departments, and that the hours of operation be confined to normal business hours. The planning commission also pointed out that all conditions of the city's noise ordinance must be satisfied.

Burris told the planning commission that the Coastal Zone Conservation Commission has created problems for municipalities, such as Seaside, that are located within its sphere of influence.

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2 - 5x7

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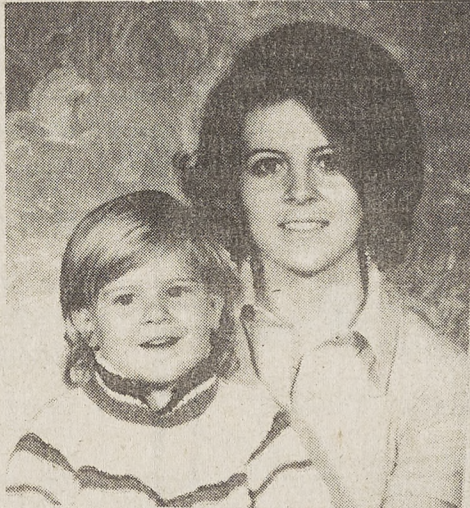
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3 - 3x5

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107.1 FM
Stereo

KZEN

Roster

Calendar

Barbara

Kaisa

Stuckey

Spencer

TJ

Mary

Dwaine

Eric

Mon. 9:00 pm Hot Jazz Hour

10:00 pm Consumer Alert

Tues. 10:00 pm Black News

Wed. 9:00 pm HELP for Consumers

9:30 Soledad Hour

Thurs. 10:00 pm Inside Seaside

Sat. 5:00 pm Consumer Alert

Sun. 5:00 pm Help for Consumers

7:00 pm Inside Seaside

8:15-11:00 pm Salt & Pepper Pigs

(Seaside Police Jazz)

11: 00 pm Black News

Nighttime News-

8:00 pm midnight

KZEN

4:30 am daily

the soul of the

Monterey Bay

KZEN the SOUL

of The Monterey Bay

Obituaries

LEVI MIDDLETON

Levi Middleton of Seaside, January 6, 1975. Beloved husband of Elizabeth Middleton of Seaside; loving father of Bernard Middleton, Kenneth Middleton, Terrance Middleton, Debra Ann Middleton, Janeth Leigh Middleton, Jane Deloras Middleton, Susan J.F.K. Middleton, and Louise Renee McClure all of Seaside and Gail Deneise Middleton of Hartford, Connecticut; loving brother of Ornetta Middleton of New York, New York, and Julia Hunter of Southern Pines, North Carolina; loving grandfather of 2 grandchildren.

A native of Aberdeen, North Carolina, age 52, he resided on the Peninsula for 13 years. He was a veteran of World War II and Korea with 21 years of U. S. Army military service. He was a member of the Baptist Church of Southern Pines, North Carolina and was formerly employed at Forest Hill Manor retirement home of Pacific Grove for 8½ years.

Services were held Monday, January 13, at 1:00 p.m. at SEASIDE MORTUARY, 1610 Noche Buena St., Seaside, with Rev. H.H. Lusk of Bethel Baptist Church, Seaside, officiating. JoAnn Price was the vocalist, also of Bethel Baptist Church, Seaside. Full military honors followed the service at the mortuary. Interment was held later at Sawtelle National Cemetery, Los Angeles, Calif.

For further information, please call 394-1406, Michael R. Sonnenberg, Funeral Director, Arrangements by SEASIDE MORTUARY.

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DARRYL PAUL GESSLER

Darryl P. Gessler of Fort Ord, December 28, 1974. Husband of Deborah Gessler; son of Mr. & Mrs. Paul V. Gessler of Ohio.

A native of Ohio, age 28, he was 18 days in Monterey county on duty with HQ, Co, Reception Station, Fort Ord, California. Services were held at Dayton National Cemetery, Dayton, Ohio.

For further information, please call 394-1406, Michael R. Sonnenberg, Funeral Director. Arrangements by SEASIDE MORTUARY, 1610 Noche Buena St., Seaside.

Classical Guitar Concert

Oscar Ghiglia, a "world master" of the classical guitar, will perform at Monterey Peninsula College at 8:15 P.M., Friday, January 17, in the MPC Theatre.

Ghiglia has been described as successor to Andres Segovia as world master of classical guitar. Following his 1962 debut at the "Festival of Two Worlds" in Spoleto, Ghiglia won first prize at the International Guitar Competition in Santiago de Compostela, Spain.

By 1964, Ghiglia was teaching master classes as Segovia's assistant at the University of California at Berkeley. He has taught at the University of Missouri in Kansas City, presented master classes in numerous American cities, and performed widely in Europe, the Far East and Australia. Tickets for the concert are \$2.50.



THE RETIRED Men's Social Club of Seaside presented its seventh annual donation to the Day Care Center of Monterey Peninsula College. President Frank Milburn presented the check to Mrs. Susie Miller as (left to right) Dr. John Henry Rivers, MPC; Mrs. Doris Marks, MPC Child Care Center Director; Seaside City Councilman Steve Ross; Mrs. Miller, Milburn, Lester Dorsey, RMSC Board Chairman; and Barbara McClair Student Body President, MPC, look on. (Photo by John Perkins.)

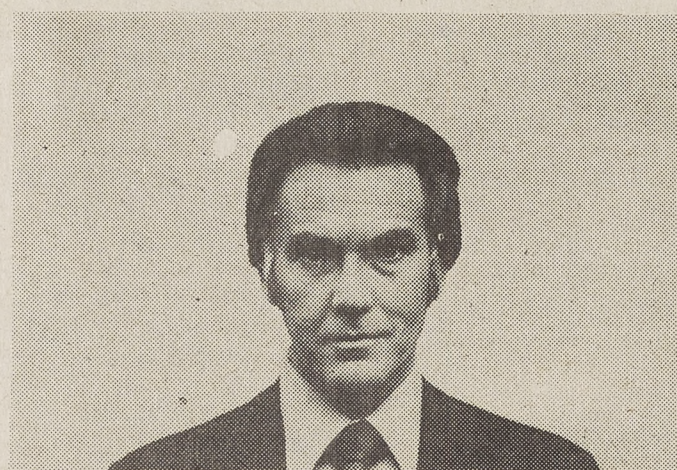
Student Holidays

Students of the Monterey Peninsula Unified School District will observe two holidays during the month of January.

The first holiday will be on Wednesday, Jan. 15, when the entire staff of the school district will attend the Martin Luther King Inservice Day at Seaside High School.

The second holiday will be on Friday, Jan. 24, when teachers will have a work day at school at the end of the first semester.

Parents will receive letters from the schools notifying them of the student holidays.



A GET-ACQUAINTED barbecue for Ronald Weitzman, candidate in the March 4 election for the Monterey Peninsula College governing board, will be held at 1 p.m. Sunday, Jan. 19, at the Carmel Valley ranch of Dale and

Natalie Eberly, 332 W. Carmel Valley Rd.

Organizers of the barbecue invite everyone in the MPC district who is interested in local education beyond high school to come share ideas along with the food and the fun. People planning to attend should phone Mrs. George F. Hilton of Pacific Grove no later than Friday, Jan. 17. Donation is \$2.50 for adults, \$1 for children.

City Council to Hold Public Hearings

The Seaside City Council meets at 8 p.m. tomorrow (Jan. 16) at City Hall.

Included on this week's agenda are two public hearings. One is the appeal by Richard Challis of the use permit granted by the planning commission for a coffee shop to be located at 1576 Del Monte Ave.

The second is a hearing on the housing assistance element of the community development plan which must be submitted to the Department of Housing and Urban Development for federal funding.

The council is to take action on an amendment to the public employees' retirement system which already has been considered once. Also up for council review are the controversial Richards and Williams subdivisions by Adeline Di Lorenzo.

The council will also consider making appointments to fill two vacant positions on city commissions.

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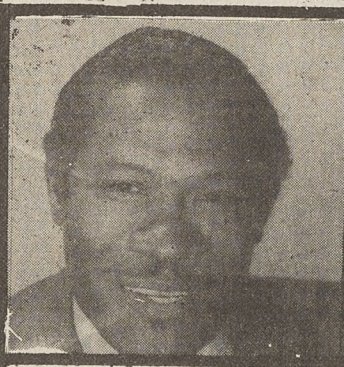
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Thurs., Aug. 1, 1974

Featuring steaks, So Fried chicken & a
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FRANKLIN ... AT ALVARADO
Monterey 375-7072

Reduce safe & fast with GoBese. Tablets & E-Vap. "Water pills". Seaside Rexall Pharmacy, 1250 Fremont.

Reduce cholesterol - fight fat. GoBese Lecithin Capsules now available. Seaside Rexall Pharmacy, 1250 Fremont.

PETS

GROOMING & BATHING! All Breeds. Complete Pet Shop. Reasonable prices. Grooming on the peninsula for 7 years. KIMBERLY PET SHOP, 1250 Fremont Blvd., Seaside. 899-2955

For Sale

Clothes dryer for sale, Kenmore from Sears. Good condition for \$125.00. Phone 449-9056.

For Sale

14 inch set of Frosted Mags, 5 lug. Two, \$15.00 a piece. Phone 899-3576.

For Sale

Wrecking Yard - Valley Meadows, \$17,500 complete. Phone 722-7887, Watsonville.

SALES HELP WANTED

Texas Refinery Corp. offers opportunity for high income, cash bonuses, fringe benefits to mature individual in the Seaside area. Commission regardless of experience, airmail A.S. Pate, Pres., Texas Refinery Corp., Box 711, Ft. Worth, Tex. 76101.

Persons to make continuous part-time anonymous restaurant shopper reports for Nat'l Mkt Research firm. Ref. auto required. Proficiency Specialists, Box 20244, San Diego 92120.

Help Wanted

Custodian, Temporary, \$602.00 per month plus fringe benefits. Some experience desirable. Apply in person through January 20, 9 a.m. to 1 p.m. Personnel Administrators Building at Monterey Peninsula College.

Lost & Found

Lost-Ring, Orange opal gold setting. Lost in Del Rey Oaks, Monte Mart, Tues. the 7th in the afternoon. Liberal Reward. Call 373-8151 or 372-3196 ask for Alice.

CLEANING SERVICES

Experience Quarter cleaning service. Reasonable. Call 384-8866.

LEGAL

NOTICE OF TRUSTEE'S SALE TRUST NO. 13276-GM

On February 3, 1975, at 11:00 A.M. MID-COUNTY INVESTMENT COMPANY, as Trustee, or Successor Trustee or Substituted Trustee, by that certain Deed of Trust executed by Louie Battle and recorded January 3, 1974 in Reel 888, page 1004 of Official Records of Monterey County, California, and pursuant to that certain Notice of Default and Election to Sell thereunder recorded October 3, 1974 in Reel 938 of Official Records, at page 421, will under and pursuant to said Deed of Trust sell at public auction for cash, lawful money of the United States of America, at the lobby in the office of FIRST AMERICAN TITLE COMPANY OF MONTEREY COUNTY at 320 Church Street, in the City of Salinas, California all that right, title interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State and described as follows:

Lots 36, 37 and 38, Block 26 as shown on Map No. 5 Del Monte Heights, etc., filed for record August 4, 1909 in the office of the County Recorder of the County of Monterey, State of California, in Map Book 2, "Cities and Towns", at page 15.

The PEDDLER

SEASIDE POST, Wed., Jan. 15, 1975, Page 5

LEGAL

NOTICE OF TRUSTEE'S SALE TRUST NO. 13219-GM

On February 10, 1975, at 11:00 A.M. FIRST AMERICAN TITLE INSURANCE COMPANY, as Trustee, or Successor Trustee or Substituted Trustee, by that certain Deed of Trust executed by Arnold Arthur Hankins and Gayle A. Hankins, his wife, and recorded May 23, 1974 in Reel 914, Page 1132, of Official Records of Monterey County, California and pursuant to that certain Notice of Default and Election to Sell thereunder recorded September 23, 1974 in Reel 936, Page 650 of Official Records of Monterey County, will under and pursuant to said Deed of Trust sell at public auction for cash, lawful money of the United States of America, at the lobby in the office of FIRST AMERICAN TITLE COMPANY OF MONTEREY COUNTY at 320 Church Street, in the City of Salinas, California all that right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as follows:

PER EXHIBIT "A" ATTACHED

Said sale will be made without covenant or warranty, express or implied, as to title, possession or encumbrances to satisfy the remaining principal sum due on the Note secured by said Deed of Trust with interest hereon plus late charges, as provided in said Note together with fees, charges and expenses of the Trustee and such other sums as may have been advanced by the owner and holder of said Note, with interest, as provided in said Deed of Trust.

Dated: January 10, 1975
FIRST AMERICAN TITLE INSURANCE COMPANY
BY: GARY A. MC CORMICK
ASSISTANT SECRETARY

EXHIBIT "A"

PARCEL I: BEGINNING at the northeast corner of that certain parcel of land conveyed by John Wright Betts, a single man, to Bruce R. Harris, et ux, by deed dated October 29, 1946 and recorded November 7, 1946 in Volume 940 of Official Records of Monterey County at page 111, thence (1) West along the north line thereof 192.8 feet to the Northeast corner of that certain parcel of land conveyed to the City of Seaside by deed dated February 8, 1956 and recorded June 18, 1956 in Volume 1715 of Official Records at page 334, Monterey County Records; thence (2) South along the east line thereof 90.0 feet to the northwest corner of that certain parcel of land conveyed to Vincent DiLorenzo, et ux, by deed dated February 18, 1959 and recorded February 25, 1959 in Volume 1935 of Official Records of Monterey County at page 346; thence (3) East along the north line thereof and its prolongation 192.8 feet to a point on the east line of said parcel of land conveyed to Harris referred to above; thence (4) North along said line 90.0 feet to the point of beginning.

Being a portion of Lot 6, Block 4 of "Map Showing Villa Subdivision" of Lot 4 of the Rancho Noche Buena filed for record July 20, 1905 in the office of the County Recorder of the County of Monterey, State of California in Volume 1 of Maps "Cities and Towns" at 66 1/2.

PARCEL II:
A right of way for sewer purposes 5 feet in width lying along, contiguous to and south of course No. 3 of Parcel I above described.

PUBLISH DATES:

JANUARY 15, 22 & 29, 1975

"Baby is God's opinion that the world should go on." (Carl Sandburg)

To Place PEDDLER ADS Call 394-6632

LEGAL

COUNTY OF MONTEREY REQUISITION No. 20

PUBLIC NOTICE

The County of Monterey as prime sponsor under the Comprehensive Employment and Training ACT (Ceta) is submitting to the Department of Labor (DOL) an application for funds for a public service program under CETA Title VI. The application requests funds of \$677,744 for the period from Jan 10, 1975 through Feb 10, 1976. The funds provided under this request will be distributed in accordance with Sec. 96.2 of the Act as follows: Monterey County Administration, \$33,887; City of King, \$31,500 for three positions; City of Gonzales, \$31,500 for three positions; City of Soledad, \$31,500 for three positions; City of Sand City \$9390, for one position; City of Greenfield, \$9240, for one position; City to Monterey, 21,000 for two positions; City of Seaside, \$72,066 for six positions; Pacific Grove Unified School District, \$18030, for two positions; Gonzales Union High School District, \$28,800 for four positions; Monterey Peninsula Unified School District, \$2,500 for five positions; King City Joint Union High School, \$8730, for one position; Carmel Unified School District, \$10,500 for one position; Salinas City School District, \$51,975, for five positions; Monterey Peninsula Community College, \$21,000 for two positions; Salinas Union High School District, \$71,591, for six positions; Harneth College, \$45,375, for four positions; Palmar Valley Unified School District, \$29,160, for four positions; and the County of Monterey, for thirteen positions, \$100,000.

Interested applicants should apply at the personnel offices of each agency listed above. The full Title VI grant application may be reviewed at the County of Monterey Administration Office, 2nd floor, Courthouse, W. Alisal and Church Sts., Salinas, Calif. M-F 8 a.m. to 5 p.m. Comments may be directed to Edwin R. McCauley, Administrative Officer, County of Monterey, P.O. Box 180, Salinas, Calif. 93901.

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LEGAL

Attention NCOA Member.
The Monterey Peninsula Chapter No. 87 of the Non-Commissioned Officers Association will hold its monthly meeting at the Main NCO Club, Fort Ord, on 10 Dec 74 at 1930 hours. An election will be held to elect two new members to the Board of Trustees. The nomination is still open for those two vacancies. Come and nominate and vote for the person of your choice.

NOTICE TO CREDITORS
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF MONTEREY
Estate of HARRY E. SCHEID,
Deceased.

(No. P 23643)

NOTICE IS HEREBY GIVEN to the creditors of the above named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above entitled court, or to present them, with the necessary vouchers, to the undersigned at 44 West Alisal Street, Salinas, California, which is the place of business of the undersigned in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice.

Dated December 6, 1974
NAME, ADDRESS AND
TELEPHONE NO. OF ATTORNEY(S)

PIODA, BRYAN & AMES,
Attorneys at Law, 44 West Alisal
Street, Salinas, California 93901

PATRICIA SCHEID
(NAME(S) OF PERSONAL
REPRESENTATIVES(S))

Administrator
(EXECUTOR-ADMINISTRATOR-ETC.)

of the estate of the above named
decedent

(WILL-ESTATE)

Attorneys for Administratrix
(EXECUTOR-ADMINISTRATOR-ETC.)

Publication: Dec. 23, & 31, 1974
Jan. 8 & 15, 1975

Said sale will be made without covenant or warranty, express or implied, as to title, possession or encumbrances to satisfy the remaining principal sum due on the Note secured by said Deed of Trust with interest hereon plus late charges, as provided in said Note together with fees, charges and expenses of the Trustee and such other sums as may have been advanced by the owner and holder of said Note, with interest, as provided in said Deed of Trust.

Dated: January 2, 1975

Publication Dates: January 8, 15, & 22, 1975

MID-COUNTY INVESTMENT COMPANY

BY: G. Langehovel, President

ORIENTAL
CARPETS
Deep Steam and
Shampoo Service
In Your Home
MODERN EQUIPMENT
FREE ESTIMATES
373-4857
(Call after 5 p.m.)
Pick Up and Delivery
Joe Elarmo-Owner

NOTICE OF TRUSTEE'S SALE T.S. No. 74-193

On Feb. 5, 1975 at 2:00 P.M., CYPRESS FINANCIAL SERVICES, INC. as duly appointed Trustee under and pursuant to Deed of Trust recorded August 6, 1973, as inst. No. 27566, in book 863, page 63, of Official Records in the office of the County Recorder of Monterey County, State of California

WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the church street entrance of the Monterey county courthouse, in the City of Salinas, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lots 870 and 872 in Block 13 of Del Monte Heights, Map No. 3, in the City of Seaside, County of Monterey, State of California, according to map filed January 8, 1909 in Book 2 Cities and Town Page 12, in the office of the County recorder of said county.

The street address and other common designation, if any, of the real property described above is purported to be: 1613 Darwin Seaside California

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to-wit: \$22,362.65, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

CYPRESS FINANCIAL SERVICES, INC.

as said Trustee,

By Ken R. Schoenthal
Foreclosure Secretary

Date: Jan. 9, 1975

Publication: Jan. 15th, 22nd, 29th 1975

When you patronize a POST advertiser, tell him — he LIKES TO KNOW.

Reduce safe & fast with GoBese Tablets & E-Vap "water pills" Seaside Rexall Pharmacy, 1250 Fremont.

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PIZZA PUB
NOW DELIVERS
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Bikes are Red
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If your is broken
I'll fix it for you!

Most all makes, parts, service and sales. We also repair most all wheeled toys ... Lawnmowers Repaired.

HOUSE OF WHEELS
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Seaside 394-1331

Open Night Dec.
thru 23rd. 'till 8p.m.

NOTICE OF TRUSTEE'S SALE Trust No. 13281

On February 10, 1975 at 11:00 A.M. MID-COUNTY INVESTMENT COMPANY, as Trustee, or Successor Trustee or Substituted Trustee, by that certain Deed of Trust executed by Leonard J. Oussani and Myrtle J. Oussani and recorded November 29, 1972 in Reel 812, Page 701 of Official Records of Monterey County, California and pursuant to that certain Notice of Default and Election to Sell thereunder recorded October 9, 1975, in Reel 939, Page 330, of Official Records of Monterey County, will under and pursuant to said Deed of Trust sell at public auction for cash awful money of the United States of America, at the lobby in the office of FIRST AMERICAN TITLE COMPANY OF MONTEREY COUNTY at 320 Church Street, in the City of Salinas, California all that right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as follows:

Lots Numbered 13, 15 and 17 in Block 65, as said lots and block are shown on that certain map entitled, "Map No. 5 of Del Monte Heights, being a re-subdivision of Block 14, 15, 16, and 17, Villa Subdivision of Lots 2 & 3 of the Rancho Noche Buena surveyed by H. D. Severance, July 1909," filed for record August 4, 1909 in the office of the County Recorder of the County of Monterey, State of California, in Volume 2 of Maps, "Cities and Towns," at page 15.

Said sale will be made without covenant or warranty, express or implied, as to title, possession or encumbrances to satisfy the remaining principal sum due on the Note secured by said Deed of Trust with interest hereon plus late charges, as provided in said Note together with fees, charges and expenses of the Trustee and such other sums as may have been advanced by the owner and holder of said Note, with interest, as provided in said Deed of Trust.

Dated: January 9, 1975
MID-COUNTY INVESTMENT COMPANY

BY: Donald G. Turner
Vice President

PUBLISH DATES:
JANUARY 15, 22, & 29, 1975

Vietnamese Culture Night

Folk songs, dances, costumes, slides and a taste of native delicacies will be included in a "Vietnamese Culture Night" presented jointly by the Associated Vietnamese Students of MPC and of San Jose State University, on Saturday evening, Jan. 18 in the Monterey Peninsula College Student Center.

Luong Phung Thien, MPC coordinator, said money raised from the presentation will be used to support an orphanage in Vietnam.

KAI SA'S

HOUSE OF MUSIC
& THINGS
1760 FREMONT BLVD.
SEASIDE. CA.

NOW OPEN FOR BUSINESS
IN THE
OLYMPIA PLAZA SHOPPING CENTER

LATEST HIT L.P.s AS LOW AS \$3.00

LATEST HIT 45's AS LOW AS \$.50c

MANY "ONE-ONLY" CLEARANCE SALE L.P.'s \$4.00

THIS WEEK'S SPECIAL:

ONLY

OHIO PLAYER'S
Latest & Hottest Hit FIRE !!

\$5.25
ea

KAISA'S

394-2004

Educational Workshop Planned

A possible alternative educational program at the junior high school level will be the topic of a workshop to be held at 7:30 p.m., Jan. 15, at the Learning Community, Del Rey Woods Elementary School. The school is located at 1281 Plumas St. Interested parents, students, teachers, and other community members are encouraged to attend to assist in the planning

of an alternative program. The workshop is an outgrowth of the Learning Community, a group of students, parents, and teachers, which has been functioning for four years and which includes kindergarten through sixth grades. The group now feels the need to expand this form of education to older students.

The alternative school

philosophy is that children have different styles of learning, and that what is relevant for one child is not necessarily relevant for another. The school's basic goal is to create an educational program responsive to the needs and interests of each child. The authority for the program is shared in a democratic manner, after appropriate

comment by students, parents, and professional staff.

The workshop agenda will include speakers, questions and comments from the participants. Small group discussion sections will be the featured part of the meeting. Ideas from these groups will be incorporated in a proposal to be presented to the school board for an alternative

school for students of junior high age. Persons wishing additional information may contact: Erskine Duff, 899-3215; Joyce Vandevere, 372-6001.

FEDERAL FUNDS

Monterey County will receive \$215,157 in federal funds under the Emergency Jobs and Unemployment Assistance Act recently passed by Congress.

Nursery Officers Named

The Peninsula Parent Nursery School recently elected officers for the coming spring semester. Mrs. Richard Daly will be the new president; Mrs. Jerry Cohen, vice-president; Mrs. Robert McCaffrey, secretary; and Mrs. Hisao Yamanishi, treasurer.

The school is a member of the Monterey Peninsula Unified School District, and is inter-racial, non-profit, and non-sectarian.

SHOP SAFEWAY • SAVE MONEY



100% Wheat Bread Skylark 1-lb. 2 for 69¢	Brownie Mix Betty Crocker, Fudge 22 1/2-oz. 89¢	Nestle's Quik Chocolate Drink Mix 1-lb. 79¢	Dole Pineapple Chunks or Sliced In Juice—8-oz. 4 for \$1
Safeway Coffee Pre-ground 2 Lb. Bag \$1.77	Large Grade AA Eggs Lucerne Dozen 68¢	Graham Crackers Busy Baker 1-lb. 49¢	Pineapple Juice Del Monte 46-oz. 48¢
Minute Rice For A Quick Meal 14-oz. 77¢	Spaghetti Sauce Ragu—15 1/2-oz. 53¢	Bath Tissue Lady Scott, Prints—2 Rolls 37¢	Breck Shampoo Liquid, Gold Formula 15-oz. \$1.17
Vegetables Bel-air Frozen International Style 10-oz. 2 for 89¢	Mandarin Oranges Town House Segments 11-oz. 3 for 89¢	Fabric Softener Downy—64-oz. \$1.49	Dog Food Alpo Beef Chunks, 14 1/2-oz. 3 for 99¢

SAVE ON FROZEN FOODS

MEAT PIES

Swanson Hungry-Man Deep Dish—1-lb. **69¢**

FRIED CHICKEN

(Banquet \$2.09) Manor House—2-lb. **\$1.99**

CORN-ON-COB

Birds Eye—4 Ears **73¢**

Banquet Man-Pleaser Dinner **\$1.05**

Mini-Pizzas **68¢**

Green Giant Rice **\$1.04**

Welch's Grape Juice **49¢**

Concentrate—12-oz. **61¢**

THE PERFECT HOST

Charles Krug Vin Rose, 5th. Rose wines are considered to be the all-purpose wines. Charles Krug Rose would be an excellent choice for those who would prefer a chilled wine with the beef roast that is featured this week. This wine has a delicate pink color and has a fruity bouquet. The flavor can be described as crisp and slightly tart. Try this delicious wine at \$2.25 a fifth.

Meal Planners

Beef Stew **99¢**

Chili Con Carne **73¢**

Nalley's Chili With Beans **\$1.04**

Saltine Crackers **49¢**

Cup-A-Soup **55¢**

Chicken of the Sea **27¢**

Chun King Chow Mein **\$1.49**

Household Helpers

Woolite **79¢**

Old Dutch Cleanser **21¢**

Fantastik Liquid Cleaner **82¢**

Overnight Oven Cleaner **89¢**

Trend Balsam **77¢**

Everyday Needs

Non-Fat Dry Milk **\$1.79**

Tomato Juice **22¢**

Premium Bread **49¢**

Crown Colony M.S.G. **95¢**

Crisco Oil **\$2.19**

All Purpose—48-oz.

WE WELCOME FOOD STAMP SHOPPERS

Fresh Fryer Parts Foster Farms, Calif.-Grown BREASTS or DRUMSTICKS (Wings—Lb. 55¢) (Thighs—Lb. 95¢) Lb. 88¢	Pork Spareribs Frozen Fresh Thawed Small Sides Only Lb. 99¢
Sliced Beef Liver Skinned & Deveined (10-lb. Box \$7.90) Lb. 69¢	Safeway Sliced Bacon Smok-A-Roma (Thick Sliced) 2-lb. Pkg. \$2.17 1-lb. \$1.09
Beef Chuck Roast Blade Cut USDA Choice Lb. 88¢	Whole Fryers Manor House Flash Frozen U.S. Government Grade A Lb. 45¢
Beef Round Steak Full Cut, Bone In USDA Choice Lb. \$1.28	Silver Salmon Pieces For Baking 4 to 6 Pounds Lb. \$1.49

Sole Fillets 1.49 T.M. Reg. A Blend of Ground Beef and Textured Hydrated Vegetable Protein—Lb. 59¢ Sausage 1.29 Evergood Hot Smoke—Lb. 1.29 Porterhouse Steak 2.19 USDA Choice Beef Loin—Lb. 2.19 T-Bone Steak 2.19 USDA Choice Beef Loin—Lb. 2.19 Round Steak 1.48 Full Cut Boneless Beef USDA Choice—Lb. 1.48	Rib Eye Steak 2.79 USDA Choice Grade Beef (Market Steak)—Lb. 2.79 Veal Patties 79¢ With Beef Added—Lb. 79¢ Chuck Roast 1.49 Boneless Beef Shoulder USDA Choice Beef—Lb. 1.49 Top Sirloin Steak 2.29 USDA Choice Grade Boneless Beef Loin—Lb. 2.29 Pork Leg 1.59 Fresh Boneless Ham Roast Armour Very Best—Lb. 1.59 Turkeys 59¢ Self Basting, Armour Golden Star 13 to 20 Pounds—Lb. 59¢ (Northeast Turkeys, 10 to 14 Pounds—Lb. 69¢)	Leg of Lamb 1.29 New Zealand Frozen Fresh Thawed—Lb. 1.29 Sliced Bologna 88¢ Safeway Beef, Meat or Thick Sliced—12-oz. Burrito Kit 59¢ La Tolteca—11 1/2-oz. (Taco Kit—10 1/2-oz.) Beef Wieners 79¢ Safeway Skinless—1-lb. Fish Sticks 88¢ Safeway, Pre-cooked—Lb. 88¢ Hams 1.99 Boneless, Farmer's Master's Halves 3 to 4 Pounds—Lb. 1.99 (Royal Buffet Hams, Halves) (Cudahy Smoked Boneless Hams)
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TROPICAL FRUIT SPECTACULAR!

Fresh Pineapple Hawaiian Grown... the Very Finest Large Size Each 49¢	Golden Bananas Ripened to Perfection in Climate-Controlled Rooms Lb. 10¢
AVOCADOS California Fuertes Large Size 4 for \$1	Coconuts A Tropical Treat (In the Husk, Each 49¢) Each 39¢
PAPAYAS Perfect for Breakfast or Dessert Cups Each 49¢	

Items and prices in this ad are available January 15, 1975 thru January 21, 1975 at all Safeway Stores listed below:



YOU CAN ALWAYS DEPEND ON



SAFEWAY

SEASIDE 1720 Fremont Blvd.

MARINA Marina Village Shopping Center

Barbecue Sauce

Kraft—18-oz. **59¢**

Salad Dressing

Nu-made 1000 Island—8-oz. **45¢**

Fluffo Shortening

3-lb. **\$1.87**

Canterbury Tea Black, Bags 100 Count \$1.19
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Wine Suggestions

Yago Santgria **1.99**
 Wine—23 1/2-oz.
 Liebfraumilch **1.59**
 Karl Monheim, Imported—23-oz.
 La Mesa White Port **2.29**
 1/2 Gallon
 Paul Masson **2.15**
 Vin Rose Sec—5th
 Sebastiani Zinfandel **2.29**
 5th

Almaden Mt. Wines

(Mt. Nectar Vin Rose 1/2 Gal. \$3.78) **\$3.34**

Home Needs

59¢ Hunt's Tomato Sauce **29¢**
 15-oz. (Paste—15-oz. 25¢)
39¢ Sliced Mushrooms **39¢**
 Deluxe Brailed in Butter—2 1/2-oz.
60¢ Sweet Whole Pickles **60¢**
 Town House Zipper—12-oz.
65¢ Kraft Cheese Whiz **65¢**
 Spread—8-oz.
81¢ Sweet and Sour Sauce **81¢**
 Kraft—18-oz.
46¢ Aunt Penny's Cheese Sauce **46¢**
 10 1/2-oz.
36¢ Green Chili Salsa **36¢**
 Ortega—7-oz.
61¢ Canterbury Tea **61¢**
 Black, Bags—48 Count
 (Lipton—48 Count 85¢)
93¢ Welch's Grape Juice **93¢**
 5 1/2-oz. Cans—4 Pack

Refrigerated Items

83¢ Mrs. Filberts Margarine **83¢**
 Tub—1-lb.
82¢ Soft Margarine **82¢**
 Blue Bonnet, Tub—1-lb.
17¢ Pillsbury Biscuits **17¢**
 Buttermilk or Country Style
 7 1/2-oz.
79¢ Borden Cheese **79¢**
 Single Wrapped, American—8-oz.
 (Lite Line—4-oz. 78¢)
85¢ Lucerne Baby Gouda **85¢**
 Cheese—8-oz.

Coffee Suggestions

\$1.59 Brim Instant Coffee **\$1.59**
 Freeze Dried—4-oz.
 (8-oz. \$2.79)
\$1.79 MJB Instant **\$1.79**
 Coffee—18-oz.
 (Airway—10-oz. \$1.89)
\$1.89 Edwards Coffee **\$1.89**
 Rich in Colombian Coffees—2-lb.
 Ground—2-lb.
 (1-lb. \$1.24)
\$2.09 MJB Coffee **\$2.09**
 Ground—3-lb.
 (Edwards—3-lb. \$2.81)
\$3.25 MJB Coffee **\$3.25**